

Nanko Rest House

☎ 03-3231-0878

URL <http://fng.or.jp/koukyo/>



- 📍 1-1 Kogyogaien, Chiyoda-ku
- 🕒 11:00 - 14:00
- ✖ December 28 to January 1
- 🚶 10 min. walk from JR Tokyo and Yurakucho stations
5 min. walk from Tokyo Metro Nijubashimae and Hibiya stations



Signature menu

Edo Eco Koraku-ju

Available Year-round

Ingredients Fish (from Hachiojima Island), vegetables used (from Nerima) and salt (from Oshima Island)

* Salt: "Umi no Sei" brand from Oshima Island

Ichi-ju San-sai (1 soup & 3 side dishes) Gozen

Available Year-round

Ingredients Fresh local ingredients of the day



The Forest Kitanomaru

☎ 03-3214-3730

URL <http://fng.or.jp/koukyo/>



- 📍 1-1 Kitanomaru Park, Chiyoda-ku
- 🕒 8:30 - 17:00
- ✖ Open everyday
- 🚶 5 min. walk from Toei Subway Shinjuku Line Kudanshita Stn
10 min. walk from Tokyo Metro Tozai Line Takebashi Stn



Signature menu

Hachiojima Island Mackerel Scad Burger

Available Year-round

Ingredients Mackerel scad used (from Hachiojima Island)

* Salt: "Umi no Sei" brand from Oshima Island

Hachiojima Island Fish Sandwich

Available Year-round

Ingredients Flying fish used (from Hachiojima Island)



P Parking lot available

📄 Takeout menu available (may require a reservation)

📶 Wi-Fi available

📅 Reservations possible

💳 Credit cards accepted (confirm types that are accepted)

👛 Electronic money accepted (confirm types that are accepted)

mikuni MARUNOUCHI

☎ 03-5220-3921

URL <http://www.mikuni-marunouchi.jp/>

- 📍 2F Marunouchi Brick Square Annex, 2-6-1 Marunouchi, Chiyoda-ku
- 🕒 11:00 – 15:30 (Last Call 14:30)
17:30 – 23:00 (Last Call 21:00)
- ✖ January 1, when Brix Square is closed
- 🚶 4 min. walk from JR and others Tokyo Station Marunouchi South Exit
2 min. walk from Tokyo Metro Chiyoda Line Nijubashimae Stn Exit 1



Signature menu



Chef's Special Full of Tokyo Ingredients

Available Year-round

Ingredients Vegetables from Western Tokyo, used etc., and eggs from Tokyo

Special Lunch with Seasonal Tokyo Vegetables

Available Year-round

Ingredients Edogawa mustard spinach and Takinogawa burdock used



L'art et Mikuni

☎ 03-3213-0392

URL <http://lart-et-mikuni.jp/>

- 📍 In the National Museum of Modern Art, 3-1 Kitanomaru Park, Chiyoda-ku
- 🕒 11:30 – 15:00
17:30 – 22:00
- ✖ Mondays
- 🚶 3 min. walk from Tokyo Metro Tozai Line Takebashi Stn Exit 1b



Signature menu



Piccolo Course (lunch)

Available Year-round

Ingredients Seasonal Tokyo vegetables used (menus vary)

Grande Course (lunch/dinner)

[Example] (June–July: using Iris-snow turnip)
Sautéed red sea bream with seasonal vegetable sauce

Available Year-round

Ingredients Seasonal Tokyo vegetables (menus vary) used



Kanda Myojin Shita
Miyabi Honten

☎ 03-3251-0155

URL <http://www.miyabi.org/top.html>



- 📍 2-8-9 Sotokanda, Chiyoda-ku
- 🕒 11:30 - 14:00/17:30 - 22:00
- ✖ Sundays and Holidays
- 🚶 8 min. walk from JR Ochanomizu Station



Signature menu



Sillago Tempura

Available Year-round
Ingredients used Sillago from Tokyo Bay

**Conger Eel Tempura/
Tempura Rice Bowl (lunch)**

Available Year-round
Ingredients used Conger eel from Tokyo Bay



Kifune

☎ 03-6273-7177

URL www.kanda-kifune.com/



- 📍 Kimura Bldg. 1F, 3-11 Ogawamachi, Kanda, Chiyoda-ku
- 🕒 Tue-Fri [Lunch] 11:30 - 14:00 (Last call 13:30)
Mon-Fri [Dinner] 17:30 - 23:30 (Last call 21:00)
- ✖ Weekends and Holidays
Also closed for lunch on Mondays
- 🚶 3 min. walk from Exit B7 of Toei Shinjuku Line Ogawamachi Station



Signature menu



Bagna Càuda with Edo Vegetables

Available Year-round
Ingredients used Seasonal Tokyo vegetables

Hanakago Flower Basket Lunch

Available Year-round
Ingredients used Seasonal Tokyo vegetables



P Parking lot available

📄 Takeout menu available (may require a reservation)

📶 Wi-Fi available

📞 Reservations possible

💳 Credit cards accepted (confirm types that are accepted)

👛 Electronic money accepted (confirm types that are accepted)

Sizzler's Tokyo International Forum

☎ 03-3211-2205

URL <https://www.sizzler.jp/shop/000846/>

Signature menu



Salad Bar with Seasonal Fruits and Vegetables

Available Year-round

Ingredients used Seasonal vegetables from Tokyo are used in the salad bar (vegetable corner of Tokyo NEO FARMERS), Edo Tokyo vegetables

📍 Tokyo International Forum, A Block B1F
3-5-1 Marunouchi, Chiyoda-ku

🕒 11:00 - 22:00 (Sat, Sun, Holidays: 10:00 - 22:00)

✖ New Year's Day

🚶 Accessible from JR Tokyo Station and Yurakucho Station (Located immediately outside of Tokyo Station Keiyo Subway Marunouchi Exit). Also accessible from various subway lines (Tokyo Metro Yurakucho Line, Hibiya Line, Chiyoda Line, Marunouchi Line, Ginza Line, and Toei Subway Mita Line)



Q CAFE by Royal Garden Cafe

☎ 03-6205-7206

URL <https://royal-gardencafe.com/qcafe/>

Signature menu

Recommended Seasonal Tokyo Vegetables Menu
(Menu varies by season)

Available Year-round

Ingredients used Seasonal vegetables from Tokyo and vegetables used from Edo Tokyo

📍 1-1-2 Yurakucho, Chiyoda-ku

🕒 11:00-22:00

✖ Same as the main building

🚶 Immediately next to Hibiya Station Exit A11 on the Tokyo Metro Hibiya Line or Hibiya Station Exit A5 on the Chiyoda Line
4 min. walk directly from Tokyo Metro Yurakucho Line Yurakucho Station
5 min. walk directly from Ginza Station on the Tokyo Metro Marunouchi Line, Hibiya Line, and Ginza Line
5 min. walk directly from JR Yurakucho Station and from Toei Mita Line Hibiya Station



Royal Garden Cafe IIDABASHI

☎ 03-3239-3777

🌐 <https://royal-gardencafe.com/iidabashi/>



Signature menu

Recommended Seasonal Tokyo Vegetables Menu (Menu varies by season)

Available Year-round (Changes monthly)

Ingredients Seasonal vegetables from Tokyo (depending on availability)
used and vegetables from Edo Tokyo (depending on availability)

- 📍 Iidabashi Grand Bloom Sakura Terrace 2F
2-10-2 Fujimi, Chiyoda-ku
- 🕒 11:00-23:00
- ✖ New Year Holidays (New Year's Eve/New Year's Day)
- 🚶 1 min. walk from West Exit JR Iidabashi Station
Various subway lines (Tokyo Metro Yurakucho Line, Tozai Line, Namboku Line and Toei Subway Oedo Line)



Chiyoda

Vin Picoeur Marunouchi

☎ 03-6212-1011

🌐 <http://www.auxamis.com>



Signature menu

Charcoal Grilled Tokyo *Shamo* Chicken

Available Year-round

Ingredients Tokyo *Shamo* Chicken
used (from Hachioji)

- 📍 B1 Shin-Tokyo Bldg, 3-3-1
Marunouchi, Chiyoda-ku
- 🕒 Mon-Fri 11:30 - 15:00 (Last Call 14:00)
17:30 - 23:00 (Last Call 22:00)
Weekends and holidays 11:30 - 22:30 (Last Call 21:30)
- ✖ New Year Holidays
- 🚶 3 min. walk from JR Yurakucho Station International Forum Exit
2 min. walk from Tokyo Metro Yurakucho Line Yurakucho Stn
3 min. walk from Tokyo Metro Hibiya Line Hibiya Stn



Chiyoda

🅑 Parking lot available

📄 Takeout menu available (may require a reservation)

📶 Wi-Fi available

📞 Reservations possible

💳 Credit cards accepted (confirm types that are accepted)

📱 Electronic money accepted (confirm types that are accepted)

Tokyo Karaage Bar

☎ 03-6256-0564

URL <https://gd1n601.gorp.jp>

Signature menu

Tokyo Vegetable Bagna Càuda
(Dinner time 17:00~)

Available Year-round

Ingredients Seasonal vegetables from
used TokyoTokyo Vegetable Terrine
(3-piece Tokyo Set (karaage fried chicken, wine, terrine))

Available Year-round

Ingredients Seasonal vegetables from
used Tokyo

- 📍 B1F JP Tower, 2-7-2 Marunouchi, Chiyoda-ku
- 🕒 Mon-Sat: 11:00 – 23:00
Sun and Holidays: 11:00 – 22:00
- ✖ Open every day (except New Year's Day)
- 🚶 1 min. walk from Tokyo Station (Marunouchi South Exit) via JR lines and various subway lines
2 min. walk from Nijubashimae Station on the Chiyoda Subway one



Tamahide

☎ 03-3668-7651

URL <http://www.tamahide.co.jp/>

Signature menu

Original Oyakodon

Available Year-round

Ingredients Tokyo Shamo Chicken
used

Shamo Sukiyaki Course

Available Year-round

Ingredients Tokyo Shamo Chicken
used

- 📍 1-17-10 Ningyocho Nihombashi, Chuo-ku
- 🕒 Lunch 11:15 – 13:45 (subject to change)
Dinner 17:00 – 21:30 (Last Call 20:30)
- ✖ Irregular
- 🚶 Immediately next to Tokyo Metro Hibiya Line Ningyocho Station Exit A2



Nihonbashi Yukari

☎ 03-3271-3436

🌐 <http://www.nihonbashi-yukari.com/>



- 📍 3-2-14 Nihombashi, Chuo-ku
- 🕒 11:30 – 14:00 / 17:00 – 22:00
- ✖ Sundays and Holidays
- 🚶 3 min. walk from JR Tokyo Station
1 min. walk from Tokyo Metro Ginza Line Nihombashi Strn

Chuo

Signature menu

Braised TOKYO X Pork Belly with Senju Green Onion

Available Year-round

Ingredients used TOKYO X pork and Senju green onion

Custard Pudding with Edo Rice

Available Year-round

Ingredients used Rice, eggs, milk



Tenmo

☎ 03-3241-7035

🌐 <http://www.tenmo.jp/>



- 📍 4-1-3 Nihombashi Honcho, Chuo-ku
- 🕒 12:00 – 14:00/17:00 – 20:00
- ✖ Saturdays in August, Sundays and Holidays
- 🚶 2 min. walk from Tokyo Metro Ginza Line Mitsukoshimae Strn
2 min. walk from JR Shin-Nihombashi Station

Chuo

Signature menu

Edo Tokyo Vegetable Tempura

Available Varies in each season

Ingredients used Tokyo udo spikenard (from Tachikawa), Terajima eggplant (from Mitaka, etc.) and Shinagawa turnip (from Kodaira, Nerima, etc.)

Assorted Pickles

Available Year-round

Ingredients used Turnip (from Kiyose, etc.), Magome Hanjiro cucumber (from Kokubunji), Mikawashima greens (from Kodaira, etc.), cabbage (from Nerima, etc.), and Hingya salt (from Aogashima Island)



🅑 Parking lot available

📄 Takeout menu available (may require a reservation)

📶 Wi-Fi available

📞 Reservations possible

💳 Credit cards accepted (confirm types that are accepted)

👛 Electronic money accepted (confirm types that are accepted)

Nihombashi Funazushi

☎ 03-3661-4569

URL <http://www.funazushi.info>

Signature menu



Edo-style Conger Eel *Shiro-yaki/Sushi*

Available Year-round

Ingredients used Conger eel from Tokyo Bay

Edo-style Sillago *Sashimi/Sushi*

Available Year-round

Ingredients used Sillago from Tokyo Bay

- 📍 Fukazawa Bldg, 11-2
Nihombashi Kobunacho, Chuo-ku
- 🕒 11:30 – 14:30/16:30 – 22:00
- ✖ Sundays, Holidays and the fourth and fifth Saturdays
- *Reservations are required for Saturday evenings at least one day in advance (for about 10 people).
- 🚶 6-7 min. walk from Tokyo Metro Mitsukoshimae Station Exit A4 or COREDO Muromachi 2 Exit
- 🚶 6-7 min. walk from Tokyo Metro Ningocho Station Exit A5



Ginza Himorogi

☎ 03-6274-6779

URL <http://himorogi.tokyo/>

Signature menu



Tokyo *Shamo* Chicken Thigh *Yakitori*

Available Year-round

Ingredients used Tokyo *Shamo* Chicken (from Akiruno)

Edo *Shamo* Chicken Hot Pot

Available Year-round

Ingredients used Tokyo *Shamo* Chicken (from Akiruno)

- 📍 1F Meiko Bldg, 8-2-15 Ginza, Chuo-ku
- 🕒 Lunch (Mon – Sat): 11:30 – 14:00
- Dinner (Mon – Fri): 17:00 – 4:00
next morning (Last Call 3:00)
- Lunch (Sun and Holidays): 11:30 – 14:00
- Dinner (Sat, Sun and Holidays): 17:00 – 23:00
(Last Call 22:00)
- *Please contact the restaurant directly to inquire about their regular holidays.
- 🚶 5 min. walk from Ginza, Shimbashi, Hibiya, and Uchisaiwaicho stations



Minoru Diner

☎ 03-5524-3128

URL <http://minoriminoru.jp/diner/>



Signature menu



- 📍 Ginza Terrace, 9F Ginza Mitsukoshi, 4-6-16 Ginza, Chuo-ku
- 🕒 11:00 – 21:00 (Subject to change based on the situation)
- ✖ When Ginza Mitsukoshi is closed
- 🚶 1 min. walk from Tokyo Metro Ginza, Marunouchi and Hibiya lines Ginza Stn
9 min. walk from JR Yurakucho Station Central and Ginza exits



Daily Side Dish

Available	Year-round
Ingredients used	Vegetables from Nishitokyo (zucchini, Japanese mustard spinach, leaf lettuce, green bean, etc.)



Chuo

Minori Café

☎ 03-5524-3127

URL <http://minoriminoru.jp/cafe/>



Signature menu



- 📍 Ginza Terrace, 9F Ginza Mitsukoshi, 4-6-16 Ginza, Chuo-ku
- 🕒 10:00 – 20:00 (Subject to change based on the situation)
- ✖ When Ginza Mitsukoshi is closed
- 🚶 1 min. walk from Tokyo Metro Ginza, Marunouchi and Hibiya lines Ginza Stn
9 min. walk from JR Yurakucho Station Central and Ginza exits



Green Smoothie with Honey

Available	Year-round
Ingredients used	Japanese mustard spinach from Tokyo (Nishitokyo)



Chuo

Aoyama Torimikura Honten

☎ 03-5770-5039

URL <http://www.wid.co.jp/tenpo/torimikura-aoyama/>

Signature menu



📍 3-12-4 Minami Aoyama, Minato-ku

🕒 Mon - Fri 11:30 - 15:30
18:00 - 23:00 (Last Call 22:00)Weekends and holidays 11:30 - 15:30
17:00 - 22:30 (Last Call 21:30)

✕ Open everyday (except New Year Holidays)

🚶 4 min. walk from Tokyo Metro Omote-sando Station Exit A4

Charcoal Grilled
Tokyo *Shamo* Chicken and Egg Rice Bowl

Available Year-round

Ingredients used Tokyo *Shamo* ChickenTokyo *Shamo* Chicken Hot Pot

Available Year-round

Ingredients used Tokyo *Shamo* Chicken

Natural Cafe and Restaurant

TABUNOKI

☎ 03-3280-1916

URL <http://tokyo.moa-natural.jp/clinic/tabunoki/index.html>

Signature menu

📍 1F Tokyo Ryoin-shinkan,
4-9-16 Takanawa, Minato-ku

🕒 Tuesdays-Saturdays: 11:00-21:00

✕ Sundays and Mondays

🚶 3 min. walk from JR/Keiikyū
Shinagawa StationNaturally Farmed
Vegetable Lunch

Available Year-round

Ingredients used Seasonal vegetables from
Tokyo (Nishitokyo, etc.)

Seasonal Dinner Course

Available Year-round

Ingredients used Seasonal vegetables from
Tokyo (Nishitokyo, etc.)

Shinkyoutei Shinkan

☎ 03-3580-2211

URL <http://shinkyotei.com/>



📍 2-4-2 Shimbashi, Minato-ku

🕒 Weekdays 11:00 – 22:00 (Last Call)
Weekends and holidays 11:00 – 21:00 (Last Call)

✖ New Year Holidays

🚶 3 min. walk from JR Shimbashi Station Hibiya Exit



Signature menu



Tokyo Feast Course Meal

(Course meal using carefully selected ingredients from Tokyo and served only from October to November)

Available October to November

Ingredients used Vegetables from Tokyo, Tokyo Shamo Chicken, TOKYO X Pork, mushrooms from Okutama-machi, fishes from Izu Islands and Tokyo Bay, Japanese pear, grapes, etc.

TOKYO X Char-Siu Pork

Available Year-round

Ingredients used TOKYO X Pork



Minato

erba da nakahigashi

☎ 03-5467-0560

URL www.erbadanakahigashi.com



📍 B1F NISHIAZABU4416, 4-4-16

Nishi-azabu, Minato-ku

🕒 17:00 – 20:30 (Last Call)

✖ Sundays

🚶 6 min. walk from Tokyo Metro Hibiya Line Hiroo Station



Signature menu



Minestrone Soup

Available Year-round

Ingredients used All course menu dishes use ingredients produced in Tokyo (seasonal vegetables from Hachioji and Akiuno, Tokyo *ukakkei* fowl eggs, livestock products from urban areas, river fish, etc.)



Minato

P Parking lot available

📄 Takeout menu available (may require a reservation)

📶 Wi-Fi available

📅 Reservations possible

💳 Credit cards accepted (confirm types that are accepted)

👛 Electronic money accepted (confirm types that are accepted)

Tokyo *Yasai* Kitchen SCOP

☎ 03-6435-5304

URL <https://www.facebook.com/TokyoYasaiKitchenSCOP>



Signature menu



- 📍 1F Tokyo-Noson Bldg.,
3-19-1 Akasaka, Minato-ku
- 🕒 Mon-Fri: 11:30-15:00 (Last call 14:30)
18:00-23:30 (Last call 22:30)
Sat and Holidays: 17:00-22:30 (Last call 22:00)
- ✕ Sundays
- 🚶 2 min. walk from Akasaka-mitsuke Subway Station/6 min. walk from Akasaka Station



Bagna Càuda with Tokyo Vegetables

Available Year-round

Ingredients Seasonal vegetables from Tokyo (Trading with more than 100 farms in Tokyo) and Edo Tokyo vegetables such as Terajima eggplants

Tokyo X Roast Pork

Available Year-round

Ingredients used Tokyo X pork roast



Tokyo Oven Akasaka

☎ 03-6230-9569

URL <http://tokyoovenakasaka.favy.jp/>



Signature menu



- 📍 Hotel Risveglio Akasaka,
3-18-1 Akasaka, Minato-ku
- 🕒 Breakfast: 7:00-10:00
- ✕ Lunch: 11:30-14:30 Dinner: 17:00-24:00
Morning only -- Open everyday
Lunch -- Sat, Sun and Holidays
Dinner -- Sun and Holidays
- 🚶 3 min. walk from Akasaka-mitsuke Subway Station/
5 min. walk from Akasaka Station



Homemade pickles with farm vegetables

Available Year-round (Depending on availability)

Ingredients used Seasonal vegetables from Tokyo (mainly from Mitaka) and Edo Tokyo vegetables such as Terajima eggplants

Steamed Tokyo vegetables in a nabe iron pot

Available Year-round (Depending on availability)

Ingredients used Seasonal vegetables from Tokyo (mainly from Mitaka) and Edo Tokyo vegetables such as Terajima eggplants



Royal Garden Cafe
AOYAMA

☎ **03-5414-6170**

🌐 <https://royal-gardencafe.com/aoyama/>



- 📍 2-1-19 Kita-aoyama, Minato-ku
- 🕒 11:00 – 23:00
- ✖ December 30 – January 1
- 🚶 4 min. walk from Exit 1 of Aoyama 1-Chome Station
3 min. walk from Exit 4A of Gaienmae Station

Signature menu



Recommended Seasonal Tokyo Vegetables Menu
(Menu varies by season)

Available Year-round (Changes monthly)
Ingredients Seasonal vegetables from Tokyo (depending on availability)
used and vegetables from Edo Tokyo (depending on availability)



sun

☎ **03-6447-1943**

🌐 <https://sun-since2018.jp>



- 📍 7F No. 5 Daiei Bldg., 4-10-3 Roppongi, Minato-ku
- 🕒 17:30 – 23:30
- ✖ Sundays
- 🚶 1 min. walk from Roppongi Station (Exit 6) via various subway lines

Signature menu



Yamame Japanese Salmon from Okutama-machi and *Awabi* Mushrooms from Hinohara-mura
Earthenware Pot Rice Dish (part of a course)

Available Year-round
Ingredients *Yamame* Japanese Salmon Okutama-machi),
used *Awabi* Mushrooms (from Hinohara-mura)

Tokyo Issai
(part of a course)

Available Year-round
Ingredients Exquisite Tokyo ingredients (seasonal vegetables,
used *Tokyo Shamo* Chicken, etc. *changes daily)

