

Kitchen Toretate

☎ 03-3853-4114

URL <https://www.ces-net.jp/toshino/>



Signature menu

Toretate Set Meal

Available Year-round

Ingredients used Vegetables from the park

Fresh-Picked "One-Plate" Meal with Soup

Available Year-round

Ingredients used Vegetables from the park

📍 Inside Toshi Agricultural Park,
2-44-1 Shikahama Adachi-ku

🕒 1st Floor: 10:00 - 17:00 2nd Floor: 11:00 - 17:00

✖ 1st and 2nd floors: **Wednesdays**
2nd floor: **Thursdays**

🚗 From Nishiara Station take the "Shikahama Toshi Agricultural Park Route" Tobu Community Bus and get off at the last stop



Kosodate (Parenting) Café

cotoca

☎ 03-6320-2736

URL <https://cotoca-senju.jp/>



Signature menu

5 Kinds of Steamed Vegetables

Available Year-round (during harvesting period)

Ingredients used Vegetables from Adachi City Agricultural Park

📍 2-18 Senju, Adachi-ku

🕒 10:00 - 17:00

✖ Saturdays, Sundays and Holidays

🚗 7 min. walk from various lines at Kitasenju Station West Exit



Charcoal Grilled Skewered Meat

Uekusa

☎ 03-3601-3733

URL



- 📍 3-11-5 Kameari, Katsushika-ku
- 🕒 17:00 – 24:00 (Last call 23:30)
- 🗓 Tuesdays
- 🚶 3 min. walk from JR Joban Line Kameari Station

Signature menu



Katsushika Onion Hotpot

Available November to March

Ingredients used Onion from Mizumoto Katsushika

Katsushika Grilled Tomatoes

Available June to September

Ingredients used Tomatoes (From Katsushika)



Katsushika

Tenpura Amaduru

☎ 03-6240-7701

URL <https://www.tempura-amaduru.com>



- 📍 102 Eternal Knot, 3-30-14 Kameari, Katsushika-ku
- 🕒 11:30 – 13:30/18:00 – 20:00
- 🗓 Wednesdays
- 🚶 3 min. walk from JR Kameari Station

Signature menu



Katsushika Genki Vegetable Tempura

Available Year-round

Ingredients used Seasonal vegetables (corn, okra, turnips, etc.) from Katsushika-ku

Tenju

Available Year-round

Ingredients used Seasonal vegetables from Katsushika-ku



Katsushika

P Parking lot available

📄 Takeout menu available (may require a reservation)

📶 Wi-Fi available

📅 Reservations possible

💳 Credit cards accepted (confirm types that are accepted)

👛 Electronic money accepted (confirm types that are accepted)

Soba Noodles Choujyuan

☎ 03-3654-6739

URL <https://choujyuan.com/>

Signature menu



- 📍 3-29-5 Nishiichinoe, Edogawa-ku
- 🕒 11:00 – 14:30/17:00 – 19:30
(Please check the website for changes)
- ✕ Thursdays
- 🚶 17 min. walk from Toei Shinjuku Line Ichinoe Station
5 min. walk from the nearest bus stop "Nishiichinoe Sanchoime"
*Look for the "Komatsuna Udon" Flag



Japanese Mustard Spinach Udon Noodles

Available Year-round

Ingredients Japanese mustard spinach used from Edogawa

Japanese Mustard Spinach Soba Noodles

Available Year-round

Ingredients Japanese mustard spinach used from Edogawa



Artisan Traditional Craft Cafe

☎ 03-3676-9083

URL <http://www.shinozaki-bunkaplaza.com/cafe>

Signature menu



- 📍 3F Proceed Shinozaki Tower, 7-20-19 Shinozakimachi, Edogawa-ku
- 🕒 9:00-20:30
(Last order Food 19:30/Drink 20:00)
- ✕ 12/31 – 1/2
- 🚶 Get off at Toei Shinjuku Line Shinozaki Station, then go to Shinozaki Cultural Plaza, directly connected to the station's West Exit



Japanese Mustard Spinach Doria Set (Shrimp, meat)

Available Year-round

Ingredients Japanese mustard spinach used from Edogawa

Japanese mustard spinach juice

Available Year-round

Ingredients Japanese mustard spinach used from Edogawa



Donut and Donut

☎ 03-3656-1142

URL <http://www.donutanddonut.com/>



- 📍 1F NIKO Parkheim Shin Koiwa, 2-39-18 Matsushima, Edogawa-ku
- 🕒 10:00 – 18:00
- ✖ Sundays and Holidays
- 🚶 2 min. walk after getting off the Toei Bus/Keisei Town Bus at "Edogawa Kuyakusyo Mae"



Signature menu

Japanese Mustard Spinach and Miso

Available Year-round

Ingredients Japanese mustard spinach used from Edogawa-ku



Bakery Restaurant Maruko

☎ 03-3656-5211

URL <https://bakerymaruko2017.com>



- 📍 2-10-7 Ichinoe, Edogawa-ku
- 🕒 11:00 – 23:00 (Last call 22:00)
- ✖ December 31 and January 1
- 🚶 13 min. walk from Toei Shinjuku Line Ichinoe Station



Signature menu

Cream Pasta with Bacon and Japanese Mustard Spinach (Lunch with salad bar)

Available Year-round

Ingredients Japanese Mustard Spinach used from Haruecho, Edogawa-ku

Cream Pasta with Clams and Japanese Mustard Spinach (Lunch with salad bar)

Available Year-round

Ingredients Japanese Mustard Spinach used from Haruecho, Edogawa-ku



Parking lot available

Takeout menu available (may require a reservation)

Wi-Fi available

Reservations possible

Credit cards accepted (confirm types that are accepted)

Electronic money accepted (confirm types that are accepted)

The Scent of Happiness

Pere Noel Minamino

☎ 042-632-0214

URL <http://www.pere-noel.co.jp/>

- 📍 3-11-5 Nishikatakura, Hachioji-shi
- 🕒 9:30 - 20:00
- ✕ Open everyday
- 🚶 5 min. walk from JR Yokohama Line Hachioji-Minamino Station

Signature menu

Tokyo Hachioji
Madeleine "Yamato"

Available Year-round

Ingredients Rice flour, honey, eggs
used (From Hachioji)

Hachioji Castella

Available Year-round

Ingredients Honey, eggs (From Hachioji)
used

*Other products include cakes made with milk from Hachioji and seasonal fruit from Hachioji.

Isonuma Milk Farm

CELEO Hachioji

☎ 042-686-3177

URL <http://isonuma-farm.com/>

- 📍 1F CELEO Hachioji North, 1-1-1 Asahicho, Hachioji-shi
- 🕒 10:00 - 21:00
- ✕ Irregular (Similar to CELEO Hachioji Bldg.)
- 🚶 Inside the CELEO Hachioji Bldg., directly connected to JR Chuo Line Hachioji Station

Signature menu

"Golden Rule" Milk Soft Serve
Ice Cream

Available Year-round

Ingredients "Golden Rule" pasteurized
milk (Store's own pastures in
used Hachioji)

"Golden Rule" Milk Drink

Available Year-round

Ingredients "Golden Rule" pasteurized
milk (Store's own pastures in
used Hachioji)

Keinoya Hachioji Minamino

☎ **042-683-4987**

🌐 <https://kaitakushi.co.jp>



- 📍 1-1-10 Hyoe, Hachioji-shi
- 🕒 Tuesdays-Saturdays 11:30-14:00/17:00-23:00
Sundays 17:00-23:00
- ✖ Mondays
- 🚶 1 min. walk from JR Yokohama Line Hachioji Minamino Station



Signature menu



Freshly Gathered Hachioji Vegetable Salad

Available Year-round

Ingredients Vegetables from Hachioji used (Kobikimachi)

Abundant Assortment of Grilled Hachioji Vegetables and Cheese

Available Year-round

Ingredients Vegetables from Hachioji used (Kobikimachi)



Additive-Free, Dashi-based Japanese Food Ajinao

☎ **042-663-0262**

🌐 <http://ajinao.com/>



- 📍 B1F Agora Bldg., 1-8-25 Mejirodai, Hachioji-shi
- 🕒 17:00 – 22:00
(Lunch is currently available by reservation) (Takeout 9:00~17:00)
- ✖ Wednesdays (with irregular holidays)
- 🚶 3 min. walk from Keio Takao Line Mejirodai Station



Signature menu



Hot-pot and simmered meal that uses "Specialty Tokyo ingredients" and "Dashi"

Available Year-round

Ingredients Seasonal vegetables and fruits from within Tokyo (Mizuho Igaki farm, etc.), eggs (Machida-shi Kato-Farm), seasonings (Akiuno's Kondojizo, Inc.), and Edo Tokyo vegetables

Various snacks and side dishes such as *Nimono* simmered dishes, *tempura*, nabe hot pot, and salads using special Tokyo ingredients and dashi broth

Available Year-round (Hot pot is available October to March)

Ingredients Seasonal vegetables and fruits from within Tokyo (Mizuho Igaki farm, etc.), eggs (Machida-shi Car-to-Farm), seasonings (Akiuno Kondojizo, Inc.), and Edo Tokyo vegetables



P Parking lot available

T Takeout menu available (may require a reservation)

W Wi-Fi available

R Reservations possible

C Credit cards accepted (confirm types that are accepted)

E Electronic money accepted (confirm types that are accepted)

hoccori * café

☎ 042-595-8379

URL https://m.facebook.com/hoccoricafe/?locale2=ja_JP

Signature menu

Brown Rice and Black Curry

Available Year-round

Ingredients Vegetables, mainly from Tachikawa, such as onions, carrots, cabbages, etc. (no meat or fish is used) and ground black sesame

- 📍 1F Takara Bldg., 2-5-8
Shibasakicho, Tachikawa-shi
- 🕒 11:30 - 17:00
- ✖ Tuesdays and Wednesdays
- 🚶 5 min. walk from JR Tachikawa Station South Exit



Salad Plate

Available Year-round

Ingredients Made from approximately different types of vegetables from Tachikawa, such as Japanese mustard spinach, spinach, Chinese cabbage, leaf lettuce, bell peppers, carrots, cucumbers, mini tomatoes, etc.

Teppan-yaki
Senju

☎ 042-529-6787

URL <http://千珠.com/>

Signature menu

Daily Fresh-Gathered Salad

Available Year-round

Ingredients Seasonal vegetables from Tachikawa (Sugar beets, luna, momonosuke radishes, radishes, Japanese mustard greens, lettuce, etc.)

- 📍 1F Muto Bldg., 3-4-3
Akebonocho Tachikawa-shi
- 🕒 18:00 - 23:00 (Last call 21:00)
- ✖ Wednesdays (No holidays in December)
- 🚶 10 min. walk from JR Tachikawa Station North Exit

a EMO Kuroge Wagyu Beef
Sirloin Steak from Miyazaki

Available Year-round

Ingredients Garnished with seasonal vegetables from Tachikawa



**"EMO" is a trademark for "Earth Medicine 0"

*Business hours and days when restaurants are closed may change. Please check the latest information on the store's website, etc.

Minore Café

☎ 042-538-7227

URL <http://tokyomidori.jatokyo.or.jp/minore/>



Signature menu

Meat Udon / Meat Stock Udon

Available Year-round (excluding festivals and events)

Ingredients used Yawaraton Pork from Tachikawa, greens (Japanese mustard spinach, etc.) and green onions from Tachikawa

Tokyo Black Tea Soft Service Ice Cream

Available Year-round

Ingredients used Tokyo milk, Tokyo black tea



Tachikawa

Rinto Kaiseki Catering

☎ 042-521-3180

URL <http://rinto.jp.com/>



Signature menu

Course Meal [SUZAKU]/[KIRITSUBO]

Available Year-round

Ingredients used Kuroge Wagyu "Akikawa Beef" from Tokyo, vegetables from Tachikawa

📍 3-29-8 Hagoromochi, Tachikawa-shi

🕒 11:30-21:30 (Last call 21:00)

*Only by reservation (Reservations accepted 09:00 - 18:00)

Please make a reservation at least 3 days in advance

✖ Irregular

🚶 7 min. walk from JR Nambu Line Nishi-Kunitachi Station



Tachikawa

P Parking lot available

📄 Takeout menu available (may require a reservation)

📶 Wi-Fi available

📞 Reservations possible

💳 Credit cards accepted (confirm types that are accepted)

👛 Electronic money accepted (confirm types that are accepted)