

Dining & Gallery *Mayugura*

☎ 0428-21-7291

URL <http://www.mayugura.com/>



Signature menu



- 📍 3-127 Nishiwake-cho, Ome-shi
- 🕒 11:00 – 17:00 (Last call 16:30)
- ✖ Open everyday (Except New Year Holidays)
- 🚶 10 min. walk from JR Ome Station or Higashi-Ome Station



Vegetarian Plate

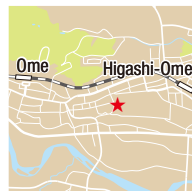
Available Year-round (Changes monthly)

Ingredients Sunny Lettuce, Snow peas (from Ome), *norabona* (from Akiruno)

Mayu-zen Set

Available Year-round (Changes monthly)

Ingredients Spinach, bamboo shoots (from Ome)



Suzuki ya

Eel and *Tempura* Restaurant

☎ 0428-22-2064

URL



Signature menu



- 📍 153 Honcho, Ome-shi
- 🕒 11:30 – 14:00/17:00 – 21:00
- ✖ Wednesdays (Changes sometimes, please call in advance)
- 🚶 Approx. 2 min. walk from JR Ome Line Ome Station



Tempura Set Meal

Available Year-round

Ingredients Vegetable *tempura* (from Nishitama)

Sashimi Set Meal

Available Year-round

Ingredients *Wasabi* (from Okutama and others)



Mamadaya

☎ 0428-74-4221

URL <http://mamadaya.com/>



- 📍 5-3140 Osoki, Ome-shi
- 🕒 Check-in 15:00 Check-out 10:00

- ✖ Irregular
(Mostly open on weekends. Inquire for details.)
- 🚌 From JR Higashi-Ome Station North Exit, ride the Seibu Bus bound for "Hanno-eki Minami-guchi" for approximately 20 minutes, get off at the "Iwakura Onsen" bus stop and walk 2 minutes



Signature menu



1 Night, 2 Meal Course

Available Year-round (Reservation required)
 Ingredients Eggs from Ome, *Okutama* trout, seasonal vegetables (Some from Ome)



*A set of three *ume-shu* plum wines (*kiki ume-shu*) from Nishitama is available.

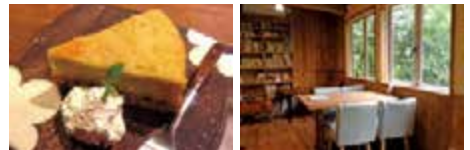
CAFE YUBA

☎ 0428-74-4405

URL <https://cafe-yuba.com>



- 📍 5-3142 Osoki, Ome-shi
- 🕒 Thu./Fri./Sat./Sun. 11:00 – 17:00
- ✖ Mondays, Tuesdays, Wednesdays
(may also be used as a rental cafe)
- 🚌 From JR Higashi-Ome Station North Exit, ride the Seibu Bus bound for "Hanno-eki Minami-guchi" for approximately 20 minutes, get off at the "Iwakura Onsen" bus stop and walk 2 minutes



Signature menu



Handmade Cake

(Chiffon cake, sweet potato cake, gateau chocolate, etc.)

Available Year-round
 Ingredients Eggs from Ome, home grown herbs

Handmade Cake Set

Available Year-round
 Ingredients Handmade cake (Using eggs from Ome) and Tokyo Black Tea Mizuho or Iwakura Coffee as a set



Italian Restaurant Toscana

☎ 0428-24-3755

URL [facebook.com/since1978toscana](https://www.facebook.com/since1978toscana)



Signature menu

- 📍 10-5-4 Kabe-machi, Ome-shi
- 🕒 11:00 – 14:30/17:00 – 21:00
- ✖ Mondays (Open if Monday is a Holiday)
- 🚶 5 min. walk from JR Ome Line Kabe Station North Exit



Meal with Local Vegetables / Seasonal Spaghetti

Available Year-round

Ingredients Seasonal vegetables from Ome (summer: eggplants, cucumbers, tomatoes/ winter: sweet potatoes, Daikon radish, potatoes, etc)

Chef's Special Minestrone

Available November to March

Ingredients Seasonal vegetables from Ome (spinach, carrot, onions, etc.)



Soba Noodles Tsukumo

☎ 0428-32-1230

URL <http://www1.odn.ne.jp/~tsukumo>



Signature menu

- 📍 5-45-2 Shinmachi, Ome-shi
- 🕒 11:00 – 20:30
- ✖ Wednesdays
- 🚶 Take the Nishitokyo Bus from the East Exit of JR Ozaku Station. On the Mistuhara-junkan Nishi-mawari Route, get off at "Chikusanshikenjo" and walk 1 min.



TOKYO X Meat Udon / Soba, Developed in Ome

Available Year-round

Ingredients TOKYO X Pork Yuzu citrus used (From Ome)

Minced Tokyo Shamo Chicken Rice Bowl Set

Available Year-round

Ingredients Tokyo shamo Chicken, shiitake used (from Ome)



Soba Noodles Inariya

☎ 0428-76-0915

URL



- 📍 2-419-7 Wada-machi, Ome-shi
- 🕒 12:00 - 14:00/18:00 - 23:00
- ✖ Wednesdays
- 🚶 10 min. walk from JR Ome Line Miyahonhira Station or Hinatawada Station



Signature menu



TOKYO X Pork Udon

Available Year-round

Ingredients used Meat (TOKYO X Pork), vegetables and plum sauce (from Ome)

TOKYO X Minced Meat Cutlet

Available Year-round

Ingredients used Meat (TOKYO X Pork), vegetables (from Ome), eggs (from Ome)



Moriman

☎ 0428-22-1331

URL



- 📍 3-9-7 Higashiome, Ome-shi
- 🕒 10:00 - 20:00
- ✖ The 13th of each month (Once per month)
- 🚶 5 min. walk from JR Ome Line Higashiome Station North Exit



Signature menu



TOKYO X Pork Katsudon

Available Year-round

Ingredients used TOKYO X Pork (from Ome)

TOKYO X Pork Udon

Available Year-round

Ingredients used TOKYO X Pork (from Ome)



P Parking lot available

📄 Takeout menu available (may require a reservation)

📶 Wi-Fi available

📞 Reservations possible

💳 Credit cards accepted (confirm types that are accepted)

📱 Electronic money accepted (confirm types that are accepted)

Kappo Cooking Mikawayaya

☎ 0428-22-2716

URL <http://www.t-net.ne.jp/~mikawayaya/>



Signature menu

- 📍 1-192 Katsunuma, Ome-shi
- 🕒 11:00 - 14:00/16:00 - 21:00
- ✖ Mondays
- 🚶 2 min. walk from JR Ome Line Higashiome Station



Unaju / Tenju

Available Year-round

Ingredients Eggs for general cooking (from Osoki and within the city), yuzu citrus (from Sawai within the city), norabona greens (from Akiruno)

Chawan mushi Egg Custard

Available Year-round

Ingredients Eggs for general cooking (from Osoki and within the city)



Kominka Irori

☎ 0428-74-7104

URL <https://kominkairori.owst.jp/>



Signature menu

- 📍 1-135 Osoki, Ome-shi
- 🕒 11:00 - 21:00 (Last call 19:00)
- ✖ Mondays and Tuesdays (Open on Holidays)
- 🚶 From Ken-O Expressway Ome IC, drive 2 km along Iwakura Kaido (parking available)



River Fish Salt Grilled or Simmered in Sweeten Soy Sauce

Available Year-round

Ingredients Sweetfish, trout, char, sockeye salmon used (from the Tama River in Okutama)

Irori (Hearth) Set

Available Year-round

Ingredients Mushrooms from Ome used (shiitake mushrooms)



Fujimineken

☎ 0428-78-8451

URL <http://mitakegohan.main.jp>



- 📍 17 Mitakesan, Ome-shi
Plaza at Cable Mitakesan Station
- 🕒 9:00 – 17:30
- ✖ Open everyday
- 🚶 Get off at Cable Mitakesan Station

Signature menu



Wasabi Soba

Available April to early September

Ingredients used *Wasabi* Flowers used (from Okutama)



Soba Noodles Waraku

☎ 0428-33-0141

URL



- 📍 8-20-9 Shinmachi, Ome-shi
- 🕒 11:00 – 15:00/17:00 – 20:00
- ✖ Wednesdays
- 🚶 25 min. walk from JR Ome Line Ozaku Station

Signature menu



Seiro Steaming

Available Year-round

Ingredients used Okutama *Wasabi*

Seiro Steamed Tempura

Available Year-round

Ingredients used Okutama *wasabi*, and green pepper, eggplant, pumpkin, sweet potato, oba leaf, etc. (from Ome)

*At our shop we recommend that you eat the freshly sourced Okutama soba directly with your soba noodles.



Sushi Midoriya

☎ 0428-22-7507

URL <https://omesusi.jimdofree.com/>



- 📍 6-3-15 Kabemachi, Ome-shi
- 🕒 Lunch 12:00 – 14:00
Dinner 17:00 – 23:00
- ✖ Mondays (Open on holidays)
- 🚶 9 min. walk from JR Ome Line Kabe Station



Signature menu

Conger eel and Rice Meal

Available Year-round

Ingredients Live conger eels (from Tokyo Bay)

Tamago-yaki

Available Year-round

Ingredients Local eggs



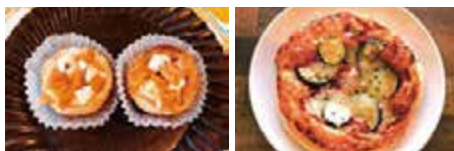
noco BAKERY & CAFÉ

☎ 0428-27-5456

URL <http://noco.wpblog.jp/>



- 📍 2-332-2 Yugimachi, Ome-shi
- 🕒 11:00 – 16:00
- ✖ Tuesdays and Wednesdays
- 🚶 14 min. walk from JR Ome Line Futamatao Station (South Exit)



Signature menu

Brioche Quiche

Available Year-round

Ingredients Eggs from Ome

Pizza with Seasonal Vegetables

Available Year-round

Ingredients Seasonal vegetables from Ome



Kawashima *Soba* and *Udon* Noodles

☎ 0428-78-9155

URL <http://sobakawasima.moo.jp/>



- 📍 3-841-3 Futamatao, Ome-shi
- 🕒 11:00 – 15:00
- 🗓️ Tuesdays
- 🚶 3 min. walk from Ome Line Futamatao Station

Signature menu



Seiro-steamed Kakiage Vegetable Tempura

Available Year-round

Ingredients Seasonal vegetables from Ome and Okutama

Fried Mochi along with Spicy and Refreshing Soba

Available Summer

Ingredients Seasonal vegetables from Ome and Okutama



IKADA Sumidorikura

☎ 0428-85-8726

URL <http://ikadamitake.com/>



- 📍 2-313 Mitake, Ome-shi
- 🕒 11:00 to 17:00 from April to December (Until 16:00 from January to March)
- 🗓️ Every Friday (open on holidays)
- 🚶 13 min. walk from JR Ome Line Mitake Station

Signature menu



IKADA Set

(Set of mukashi-dori chicken, ajitama balls, and bakudan onjiri rice balls)

Available Year-round

Ingredients *Mukashi-dori* chicken meat from Ome (wings and thighs from parent birds)
Eggs from Ome
Japanese pepper from Mitake (home grown)

Individual Charcoal Grilled *Mukashi-dori* Chicken Skewers

Available Year-round

Ingredients *Mukashi-dori* chicken meat from Ome (wings and thighs from parent birds)



P Parking lot available

📄 Takeout menu available (may require a reservation)

📶 Wi-Fi available

📞 Reservations possible

💳 Credit cards accepted (confirm types that are accepted)

👛 Electronic money accepted (confirm types that are accepted)

Caffe AKI

☎ 0428-23-0321

URL <https://www.facebook.com/pages/category/Cafe/Creartecaffeaki-411206332757730/>



Signature menu

Beef Stew

Available Year-round

Ingredients used Vegetables such as onions, carrots, and tomatoes from Ome

Beef Curry/Chicken Curry

Available Year-round

Ingredients used Vegetables such as onions, carrots, and tomatoes from Ome

- 📍 49-5 Sumiecho, Ome-shi
- 🕒 11:00 – 21:00
(closed from 15:00 – 17:00)
- ✖ Mondays
- 🚶 5 min. walk from JR Ome Station



Tokyo Ome Ishigami Onsen Seiryuu Lodgings, Okutamaji

☎ 0428-78-9711

URL <https://www.tokyo-okutamaji.jp>



Signature menu

Okutama Yamame Salmon Whole Fish Sugata-Zukuri Sashimi

Available Year-round

Ingredients used Yamame salmon from Okutama

Gently Simmered Ome Pork Katsu Set

Available Year-round

Ingredients used Pork from Ome

- 📍 2-371 Futamatao, Ome-shi
- 🕒 “Seiryuu Restaurant” Lunchtime (only open on Saturdays, Sundays, and holidays) 11:30-14:00 (Last call)
- ✖ Irregular holidays (may be closed due to facility inspections, etc.)
- 🚶 10 min. walk from JR Ome Line Ishigamimae Station



Nomiya Bar Minminya

☎ 0428-27-2055

🌐 <https://www.omekanko.gr.jp/spot/30701/>



Signature menu

- 📍 306-7 Nakacho, Ome City
- 🕒 Mon, Thu and Fri 11:30-14:00/From 17:00
Wed From 17:00
Sat, Sun and Holidays: From 11:30
(Closing time varies depending on the situation)
- ✖ Tuesdays
- 🚶 3 min. walk from JR Ome Station



Fried Tamago-yaki Eggs

Available Year-round

Ingredients used Eggs from Ome

Omelet Rice

Available Year-round

Ingredients used Eggs from Ome



Namikian

☎ 042-362-8462

🌐 <http://r.gnavi.co.jp/e540000/>



Signature menu

- 📍 2-29-5 Nishifu-cho, Fuchu-shi
- 🕒 11:00 – 14:30 (Weekdays: 11:30-) 17:30 – 21:00
- ✖ Mondays
- 🚶 7 min. walk from JR Nambu Line Nishifu Station North Exit



Musashi Fuchu Kofun Tempura on Rice

Available Year-round

Ingredients used Seasonal vegetables from Fuchu and Kunitachi

Tempura and Soba with Vegetables from Fuchu

Available Year-round

Ingredients used Seasonal vegetables from Fuchu



🅐 Parking lot available

📄 Takeout menu available (may require a reservation)

📶 Wi-Fi available

📞 Reservations possible

💳 Credit cards accepted (confirm types that are accepted)

📱 Electronic money accepted (confirm types that are accepted)

LAMPIONE

☎ 042-319-2834

URL



Signature menu



- 📍 1F Hommachi Plaza Mansion, 2-20-11 Honcho, Fuchu-shi
- 🕒 11:30 – 14:00 (Last call)
17:30 – 22:00 (Last call)
- ✕ Mondays, 2nd and 3rd Tuesday of every month
- 🚶 1 min. walk from JR Nambu Line Fuchuhommachi Station



Insalata Salad

Available Year-round

Ingredients Seasonal vegetables from used Fuchu

Bagna càuda

Available Year-round

Ingredients Seasonal vegetables from used Fuchu

Pork Cutlet Cuisine
Yasui Meat

☎ 042-363-8601

URL <https://yasui-meat.com/>

Signature menu



- 📍 1-23-3 Shiraitodai, Fuchu-shi
- 🕒 Lunch Mon. – Sat. 11:30 – 14:00
(Closed on Sundays and Holidays)
Pub 17:00 – 23:00
(Sun.: 16:30 – 22:30/Closed on Tuesdays and Holidays)
- ✕ Tuesday nights and Holidays
- 🚶 10 min. walk from Keio Line Tama-Reien Station
Transfer at JR Chuo Line Musashi-Sakai Station (Bound for Koremasa), 7 min. walk from Shiraitodai Station



Tonkatsu Set

Available Year-round

Ingredients Tamacho Cabbage from used Fuchu (during harvests)

Tsuzuki Family Fried Eggplant
(Night Menu)

Available Summer

Ingredients Tamacho Eggplants from used Fuchu-shi



*Daily menus using locally grown seasonal vegetables

Kirari Japanese Style Dining

☎ 042-302-8808

URL



- 📍 2F 2-18-2 Miyamachi, Fuchu-shi
- 🕒 11:30 - 14:00/17:30 - 23:30
- ✕ Sundays, the 2nd and 4th Mondays of each month
- 🚶 5 min. walk from Keio Line Fuchu Station



Signature menu



Minced *katsuo* bonito salad with onion slices from Fuchu

Available Mid-May to early July

Ingredients used Spring onions, etc. from Fuchu

Boiled Greens from Fuchu

Available November to July

Ingredients used Vegetables from Fuchu (spinach, Japanese mustard spinach, etc.)



Trattoria La Vita

☎ 042-360-1166

URL <http://r.gnavi.co.jp/a036400/>



- 📍 204 Castle Plaza, 1-8-12 Fuchu-cho, Fuchu-shi
- 🕒 11:30 - 14:30/17:30 - 22:00
- ✕ Mondays
- 🚶 3 min. walk from Keio Line Fuchu Station North Exit



Signature menu



Salad with Seasonal Vegetables Grown by Nishifu-cho's Ishikawa Farm

Available Year-round

Ingredients used Seasonal vegetables from the fields of Ishikawa Farm in Fuchu-shi

Bagna Cauda

Available September-March

Ingredients used Seasonal vegetables from the fields of Ishikawa Farm in Fuchu-shi



Heiji No O-udon

☎ 042-354-8555

URL <https://heijinooudon.jp/>



Signature menu

Bouillon Udon

Available Year-round

Ingredients used Wakenegi scallions

Seasonal Tempura 3-Piece Set

Available Year-round

Ingredients used Seasonal vegetables from Fuchu

- 📍 Veil Maison Fuchu, 3-3-1 Midori-cho, Fuchu-shi
- 🕒 11:00 – 15:00/17:00 – 22:00
- ✕ Open everyday
- 🚶 4 min. walk from Keio Line Higashi-Fuchu Station



Wine Terrace Yu-me

☎ 042-302-3977

URL <http://wineterraceyume.com/>



Signature menu

Bagna Càuda with Roasted Fuchu Vegetables

Available Year-round

Ingredients used Seasonal vegetables from Fuchu

Pickled Fuchu Vegetables

Available Year-round

Ingredients used Seasonal vegetables from Fuchu

- 📍 2-4-2 Miyamachi, Fuchu
- 🕒 Lunch 11:30 – 15:00
Dinner 17:30 – 22:00
- ✕ Mondays
- 🚶 4 min. walk from Keio Line Fuchu Station



Kotomi Shokudo

☎ 080-9385-0348

🌐 <http://www.bussankan.sakura.ne.jp/>

Fuchu



- 📍 Inside the Fuchu-shi Kyodo-no-mori Tourism and Local Products Museum, 6-32-10 Koremasa, Fuchu-shi
- 🕒 10:00-16:30 (until 17:30 on weekends and holidays)
- 🗓 Mondays (if a Monday is a public holiday, the following day)
- 🚏 Closest bus stop: the restaurant is right next to Kyodo-no-mori Seimon-mae bus stop
- 🚶 Closest stations: 20 min. walk from Keio Line and JR Nambu Line Bubaiyawara Station, JR Nambu Line and Musashino Line Fuchuhommachi Station, and Seibu Tamagawa Line Koremasa Station



Signature menu



Steak curry

Available Year-round
 Ingredients Seasonal vegetables from used Fuchu, black rice from Fuchu

Umashio Koji Tanmen

Available Year-round
 Ingredients Seasonal vegetables from used Fuchu



Micchan Sengawa Honten

📱 Please check operation status on Facebook

🌐 <https://www.facebook.com/qscmicchan2020/>

Chofu



- 📍 1-10-19 Midorigaoka, Chofu-shi
- 🕒 11:00 - 14:00
17:00 - 23:00
(Until 21:00 on Sundays and Holidays)
- 🗓 Irregular
- 🚶 7 min. walk from Keio Line Sengawa Station



Signature menu



Okonomiyaki

Available Year-round
 Ingredients Vegetables from Mitaka and used Chofu (cabbage, onions, carrots)

Yakisoba Grilled Noodles

Available Year-round
 Ingredients Vegetables from Mitaka and used Chofu (cabbage, onions, carrots)

