

**The Tokyo Metropolitan Parasports Training Center**

# **Facility Management Plan**

Bureau of Olympic and Paralympic Games Tokyo 2020 Preparation  
Tokyo Metropolitan Government

February 2022

# Management Plan for the Facility

- In the summer of 2021, Tokyo was the first city in the world to host the Summer Paralympic Games for a second time. As the host city of the Olympic and Paralympic Games Tokyo 2020, the Tokyo Metropolitan Government (TMG) is working on initiatives to spread parasports widely throughout society as popular content from the perspectives of participating, watching, and supporting.
- Up until now, TMG has secured parasports venues in the city through the maintenance and operation of two sports centers for persons with disabilities and the utilisation of gymnasiums at Tokyo Metropolitan special needs schools. On the other hand, as the activities of Para sports federations and other organisations are expanding rapidly due to the increased interest resulting from the Tokyo 2020 Games, there are few venues for these organisations to choose from for their parasports activities and practice, and there is an intensifying need for stable availability of spaces to train the next generation of para athletes.
- In addition, we need to increase the number of people involved with parasports, build mutual understanding through interactions between people with and without impairments, and work toward the achievement of an inclusive society.
- In order to do this, TMG has decided to develop the Tokyo Metropolitan Parasports Training Center inside the Ajinomoto Stadium as a facility for improving competitiveness and promoting interest in parasports. This facility management plan is the policy which we will be used for its operations.

## **(Naming of the Facility)**

This facility will be named “Tokyo Metropolitan Parasports Training Center“.

The term “parasports” is not limited strictly to the events included in the Paralympic Games but is instead used to refer to all sports for people with impairments (sports which have been developed to enable people with impairments to take part). TMG is working to promote parasports as universal sports activities that people with and without impairments can take part in, and the term “parasports” is used in the facility name for this reason.

# 1. Progress up to the present

- ◆ April 2018 - May 2019  
Used as a substitute venue during the renovations of the Tokyo Tama Sports Center for Persons with Disabilities. Accessibility renovations were carried out for this period.
- ◆ December 2019: “Future Tokyo: Tokyo’s Long-Term Strategy” vision established  
《Parasports City Project》  
“As a two-time host of the Paralympic Games, we aim to develop parasports into popular content while promoting their spread as universal sporting activities that can be enjoyed by anyone regardless of whether they have impairments.”
- ◆ March 2021: “Future Tokyo: Tokyo’s Long-Term Strategy” released  
“Considering the utilisation of indoor facilities of Tokyo Stadium (Ajinomoto Stadium) as a parasports training facility.” “Considering the creation of a space where para athletes can continuously train as a legacy of the Paralympic Games.”
- ◆ September 2021: Facility management plan (medium-term summary) released
- ◆ September - October 2021: Public comment solicitation
- ◆ November 2021: Report issued at the Tokyo Sports Promotion Council (1st session of the 28th term)

# 2. Facility address and details

## 1 Address

376-3 Nishimachi, Chofu, Tokyo  
(Inside Ajinomoto Stadium)

## 2 Facility overview

Construction: 2000  
Total floor area: Approx. 6,195 m<sup>2</sup>  
Main facilities: Gymnasium, meeting rooms, etc.  
Access: 15-min walk from Tobitakyu Sta. on the Keio Line



## 3 Accessibility features

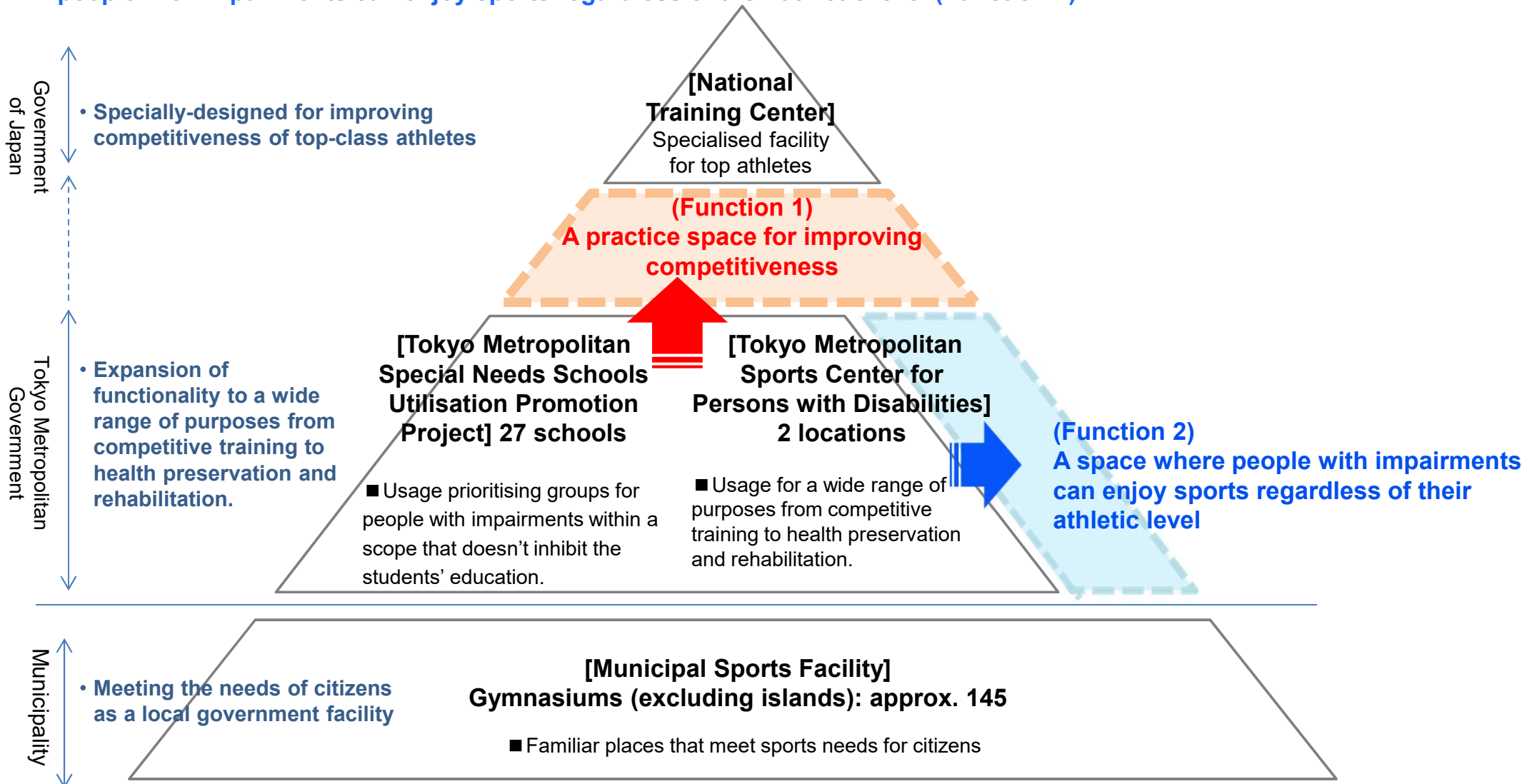
- (1) Braille blocks, ramps
- (2) Braille and audio guidance
- (3) Wheelchair-accessible toilets
- (4) Family changing rooms for both genders, etc.



# 3. Functions Required for the Facility

As a parasports venue, the facility will be required to meet the following needs.

- A facility with stable availability for functions such as training the next generation of para athletes → **A practice space for improving competitiveness (Function 1)**
- A facility with a more complete environment for increasing familiarity with sports among people with impairments → **A space where people with impairments can enjoy sports regardless of their athletic level (Function 2)**



- In addition to the functions above, this facilities will also be used to promote parasports as activities anyone can enjoy regardless of whether they have impairments.

# 4. Basic policy for facility operation

The facility will be a base for improvement of parasports competitiveness through stable availability as a venue for practice activities, sports coaching courses, etc. for athletes, teams and sports federations. In addition, there will be special classes and other activities that allow citizens to experience the fun of parasports, and it will function as a space for promoting their popularity which can be used by anyone regardless of whether they have impairments.

## (1) Space for improving parasports competitiveness

- A training base that can be used in a planned way and stably in order to improve the competitiveness of parasports.
- A place to improve the competitiveness of a diverse variety of parasports, including non-Paralympic sports.
- A high value-added facility equipped with competition equipment specific to parasports.

## (2) Space for promoting the spread of parasports, making them more familiar to people with and without impairments






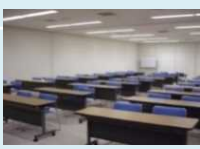
- A place where people with and without impairments can play parasports regardless of their athletic levels.
- A place where people with and without impairments can engage in parasports together.
- A place to promote the spread of parasports among the citizens through activities such as parasports classes anyone can participate in.
- Will also be used as a place where people without impairments can engage in sports activities.



# 5. Spaces and usage for the facility

This facility will be fitted with spaces such as a gymnasium, training room, small gymnasiums, and multipurpose studio.

The main usage, expected sports applications, and planned equipment for installation in each room are as follows.

Name	Area	Main usage	Main sports (example)	Planned equipment
<b>[B1F]</b>				
(1) Gymnasium	 744 m <sup>2</sup>	Practice sessions held by sports federations, teams, etc. and parasports classes	Wheelchair basketball and other indoor group sports	Goalball goals, sitting volleyball nets and posts, balls for various sports, etc.
(2) Training room	 520 m <sup>2</sup>	Training by athletes and other individuals	Muscle training Aerobic training etc.	Muscle training machines, Para powerlifting bench press sets, dumbbells, aero bikes, hand cycles, ergo machines, etc.
(3) Multipurpose room (4) Small multipurpose room	 186 m <sup>2</sup> 107 m <sup>2</sup>	Practice sessions held by sports federations, teams, etc.	Table tennis and other indoor sports for small groups	Table tennis tables (with wheelchair access), etc.
<b>[1F]</b>				
(5) Small gymnasiums 1 / 2	 82 m <sup>2</sup> 123 m <sup>2</sup>	Practice sessions held by sports federations, teams, etc.	Wheelchair fencing, boccia, and other indoor sports for small groups	Wheelchair fencing piste, boccia ball set, etc.
(6) Multipurpose studio	 127 m <sup>2</sup>	Practice sessions held by sports federations, teams, etc. and parasports classes	Yoga, light exercise, etc.	Stretching mats, etc.
(7) Meeting rooms A / B / C	 86 m <sup>2</sup> x 3 rooms	Seminars, lectures, and meetings held by sports federations, etc.	—	White boards, screens, monitors, DVD players, etc.

# 6. Layout of rooms (B1F)

**B1F**

## (1) Gymnasium

### ■ Group usage

- Badminton, goalball, volleyball, wheelchair rugby, wheelchair basketball, and other indoor sports

### ■ Parasports classes

- Classes for trying out parasports, etc.



## (2) Training room

### ■ Individual usage

- Muscle training
- Aerobic training

### ■ Group usage

- Para powerlifting

(2) Training room: 520 m<sup>2</sup>



(1) Gymnasium:  
744 m<sup>2</sup>  
\*No spectator seating

Management area

Toilets, changing rooms, shower rooms



## (3) Multipurpose room

## (4) Small multipurpose room

### ■ Group usage

- Table tennis and other indoor sports

(3) Multipurpose room: 186 m<sup>2</sup>

(4) Small multipurpose room: 107 m<sup>2</sup>

## (4) Small multipurpose room

### ■ Group usage

- Indoor sports for small groups



\*Note: This content is currently under consideration and subject to change. 7



# 7. Layout of rooms (1F)

1F

## (5) Small gymnasiums 1 & 2

### ■ Group usage

- Boccia and other indoor sports

## (7) Meeting rooms A, B, & C

- Seminars, lectures, meetings, etc.

\*Note: Since the walls are movable, the 3 rooms can also be connected and used as one large room.



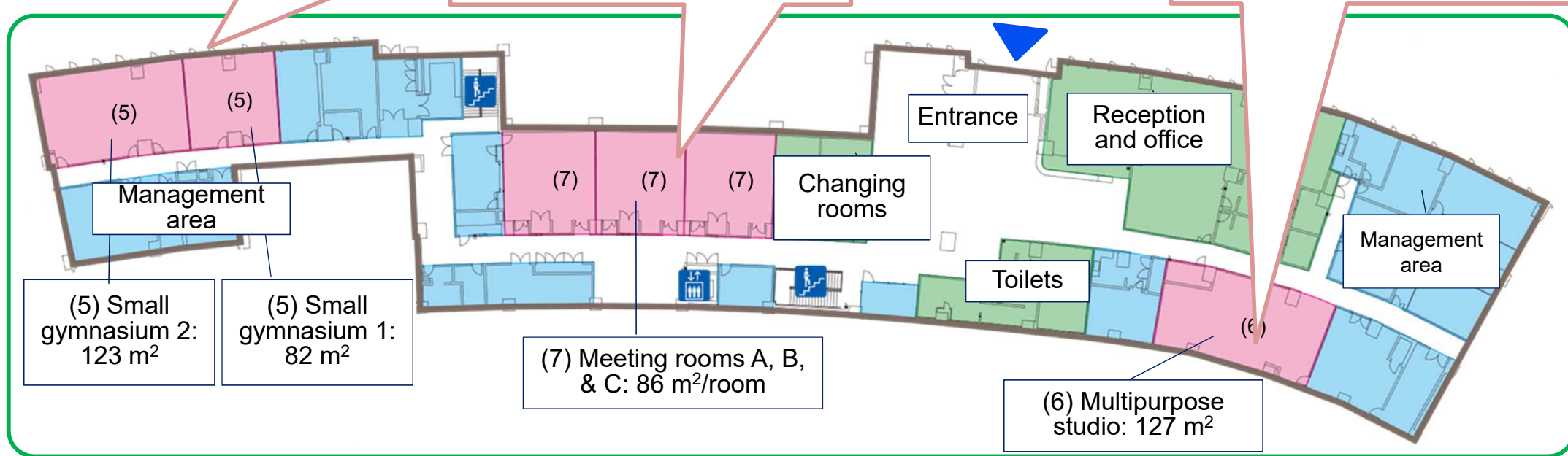
## (6) Multipurpose studio

### ■ Group usage

- Warming up, light exercise, etc.

### ■ Parasports classes

- Classes for trying out parasports, etc.



# 8. Facility usage example (sample for one week)

## [Sample of main facility usage for one week]

- On holidays and weekends, the facility will mainly be used for training sessions and practice matches.  
On weeknights, the facility will be regularly used by teams involved in parasports competitions.
- During the daytime on weekdays, the facility will be used for a variety of purposes such as parasports, recreation, and health preservation.

Category	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning (9a.m. - 1p.m.)	Use for parasports and recreation purposes		Closed	Use for parasports and recreation purposes		Use for improvement of parasports competitiveness (training sessions, practice matches, etc.)	Sports classes
Afternoon (1p.m. - 5p.m.)	Use for parasports and recreation purposes			Use for parasports and recreation purposes			
Night (5p.m. - 9p.m.)	Use for improvement of parasports competitiveness			Use for improvement of parasports competitiveness			

\*Note: Actual hours of use are subject to change depending on the proposals of the facility operator.

## [Sample implementation of sports classes]

In addition to lending out the facilities, the center will hold regular parasports classes. (About twice a month)

- Promote the appeal of parasports to a wide range of citizens, including people without impairments, by providing them with opportunities to experience parasports.
- The center will hold classes where anyone can enjoy parasports according to the type and degree of impairments.
- In addition to getting support for operations from volunteers, it will provide opportunities for experienced athletes to serve as instructors.

## 9. Expected annual users

- A total of approximately 34,000 people are expected to use the facility annually, including exclusive use by parasports organisations and teams, as well as general use by individuals such as athletes training.

Usage purpose	Place	Total number of users (expected)
<ul style="list-style-type: none"> <li>• Exclusive use by groups such as sports federations and teams working to improve competitiveness in parasports</li> <li>• Exclusive use by parasports and recreation organisations</li> </ul>	(1) Gymnasium (3) Multipurpose room, small multipurpose room (4) Small gymnasiums 1 & 2 (6) Meeting rooms A, B, & C	Approx. 19,000
<ul style="list-style-type: none"> <li>• General use by individuals such as athletes training</li> </ul>	(2) Training room	Approx. 11,000
[Center-organised events] - Sports classes - Events with the local community	(1) Gymnasium (5) Multipurpose studio	Approx. 4,000
Total		<b>Approx. 34,000</b>

# 10. Operation management

## ● Operation management

The facility will be managed and operated under a **usage fee-based, designated facility operator system**.

## ● Expected annual operation expenses

Calculation of annual operation expenses (Estimated expenses - Estimated revenue): Approx. 202 Million Yen

Estimated expenses (units: million yen)	
Item	Amount
Personnel expenses	111.6
Utilities	23.8
Outsourcing	50.0
Other	18.3
Total (Including consumption tax)	203.7

Estimated revenue (units: million yen)	
Item	Amount
Facility usage fees (Gymnasium, etc.)	1.3
Other revenue	0.2
Total (Including consumption tax)	1.5



We will consider efficient facility management measures, such as reducing costs by calling for proposals during the future selection of a designated facility operator.

### [Facility usage fees]

No fee will be charged for the use of the facility by individuals with disability certificates.

In the event that a team of para athletes or any other group that includes persons with a disability certificate uses the facility, no fee will be charged for the time being\*, taking into consideration the goal of promoting parasports after the Tokyo 2020 Games and the status of parasports at similar facilities.

Note\*: After FY2030, we will consider how to handle fees based on the status of achievement for the policy targets for 2030 set forth in the "Future Tokyo: Tokyo's Long-Term Strategy" vision and the parasports environment at that time.

# 11. Other

## Exhibitions related to the Paralympic Games

- As a legacy of the Tokyo 2020 Paralympic Games and a means of passing on the excitement of the Games to the next generation, exhibition spaces will be set up at the entrance and other areas to display the records and memories of the Paralympics.

[Main display content]

- Torch used in the Tokyo 2020 Paralympic Torch Relay, etc.



## Effective use of competitive equipment prepared for the Tokyo 2020 Games

- The center will enhance the practice environment for parasports by making effective use of the parasports competition equipment, etc. procured by the Tokyo 2020 Organising Committee.

[Main items to be reused]

- Para powerlifting bench press sets
- Goalball goals
- Wheelchair fencing frames



## 12. Future schedule (tentative)

February 2022	Release of the facility management plan
Around June 2022	Launch of applications for facility operator
Summer 2022	Start of renovations
Around November 2022	Selection of facility operator
December 2022	Determination of facility operator
March 2023	Facility opening

\*Note: The above is the current schedule as of February 2022 and is subject to change.

